



Jaw Joint Disorders

The hinge connecting the upper and lower parts of your jaw is one of the most complex joints in the body.

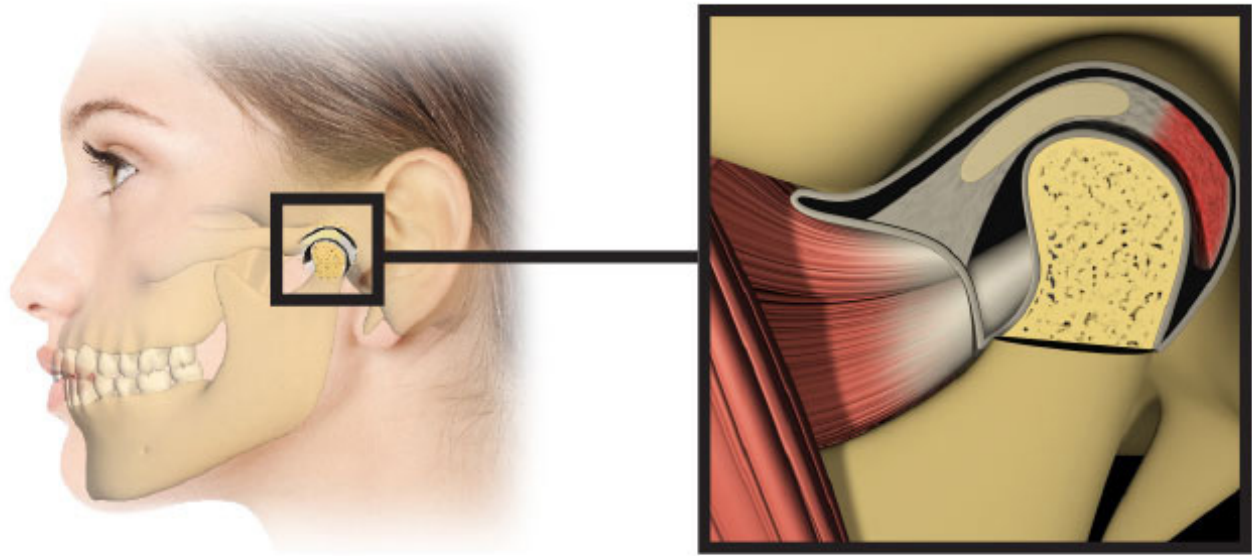
Symptoms

Symptoms include: Clicking or popping noises as you chew or move your mouth, Muscle pain around the jaw, Pain in front of the ear that may spread to the cheek, ear and temple, Difficulty opening the mouth, Headaches and migraines, Ear aches, and Aching neck or back.

Evaluation

We begin with a thorough examination which includes a Postural exam, Cranial exam, Dental exam and Neurological exam.

We will look at the range of motion of the jaw: speed of opening and closing, joint sounds as well as any inflammation and pain. Part of the evaluation also includes your sleep. This will allow us to determine whether you have a sleeping disorder which could be contributing to your TMJ pain. Scanning your head and neck will determine if there is any obstruction of your nasal cavities or airways.



Temporo-Mandibular Joint

Treatment

A range of adjunctive therapies including orthodontics can help alleviate the pain of TMJ while also correcting your bite. These special orthotics and splints are designed to maximise jaw function and restore your ability to breathe properly. You may be required to wear the splints during the day and night allowing your jaw to heal just like a fractured bone is plastered.

The treatment time is usually three months but in more severe cases the treatment can take longer. Paramount Dental Sydney has excellent treatment results with more than 70% of people experiencing dramatic improvement and our personalised service means you do not have to live with the pain and debilitation of jaw joint disorders (TMJ).

Cost | From \$650

Medicare rebates and Healthcare cover may cover some of the costs associated with treatment of jaw joint disorders (TMJ).

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